

KINDNESS SCAVENGER HUNT

TAKE OUR KINDNESS CHALLENGE!

HOW MANY ACTS OF KINDNESS CAN YOU COMPLETE AS A FAMILY?
CHECK THEM OFF AS YOU GO!

DONATE OLD CLOTHES
OR SHOES

SEND A THANK YOU NOTE TO
YOUR TEACHER OR COWORKER

SMILE AND SAY HI
TO A NEIGHBOR

GIVE SOMEONE A
GENUINE COMPLIMENT

PICK UP TRASH

GIVE YOURSELF A
COMPLIMENT

GIVE A VIRTUAL HIGH
FIVE TO A FRIEND

TELL A JOKE

COME UP WITH YOUR OWN ACT OF KINDNESS:

SHARE YOUR KINDNESS!

TAG @PARENTINGEQ ON INSTAGRAM TO
SHARE YOUR SCAVENGER EXPERIENCE!



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